

# CROPWalkers

## Help fill our shelves!!!



Thank you for helping fight hunger step by step when you take part in this year's LaGrange/Western Springs Area CROP Walk! We are inviting you to bring a non-perishable food item when you come to the walk. You will be helping area Food Pantries keep their shelves full to better serve the needs of our community!!! Here are some suggestions:

- Rice
- Pasta & Pasta Sauce
- Soup
- Meals in a can/box
- Peanut Butter & Jelly
- Macaroni & Cheese
- Canned Fruits & Vegetables
- Juice
- Crackers
- Paper products

Please remember to check the expiration date on your donation.

**THANK YOU!!!**